

More care options while away from home



No matter where life takes you or your family, Kaiser Permanente has you covered. If something unexpected happens while away from home, it's easier than ever to get care.



Care at your fingertips, anytime

Use your kp.org account or the Kaiser Permanente app to get no or low-cost access to:

- A licensed care provider you can speak with 24/7 for medical advice
- Care by phone¹, video¹, or e-visit
- Email your doctor's office for answers to routine health questions



Convenient urgent care options at MinuteClinic

You can visit a MinuteClinic in select CVS and Target stores. You'll pay your standard copay or coinsurance – no matter where you are.²



Emergency or urgent care, anywhere in the world

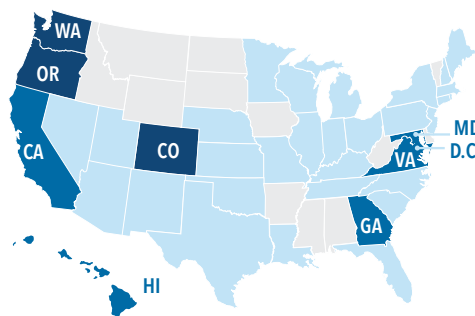
If you or your family need emergency or urgent care, you can go to the nearest urgent care facility or hospital. Afterwards, file a claim with us for reimbursement.

Support while away from home

Need help or want to learn if additional coverage may be advised? We're here to answer any questions you may have along the way.

- Call the Away from Home Travel Line at **951-268-3900**³
- Visit kp.org/travel

Kaiser Permanente facilities and MinuteClinic locations



- Kaiser Permanente facilities
- Kaiser Permanente facilities and MinuteClinic locations²
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1. When appropriate and available. **2.** Some exceptions apply. If you're a Medicare member or in a state that has Kaiser Permanente providers, but outside one of our service areas, you or your dependent will be asked to pay upfront for services and will need to file a claim for reimbursement. **3.** This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. The phone line is closed on major holidays (New Year's Day, Easter, Memorial Day, July Fourth, Labor Day, Thanksgiving, and Christmas). It closes early the day before a holiday at 10 p.m. Pacific time (PT), and it reopens the day after a holiday at 4 a.m. PT.

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 601 Union St., Suite 3100, Seattle, WA 98101

Learn more at kp.org/travel

